



Manitoba Junior Hockey League

Developing Players For College & Major Junior Hockey



Ed Belfour, Toronto Maple Leafs



ED BELFOUR

Height 5'11"
Weight 202
Born April 21, 1965
Draft Undrafted
Awards NHL Calder Trophy (1990-91), Jennings Trophy winner 4 times, Vezina Trophy winner 2 times, 5 NHL All Star Game appearances, Stanley Cup winner with Dallas in 1999.

Ed played his entire amateur hockey in Manitoba. He played in his home town of Carman, Manitoba and was a star with the Carman Cougars High School hockey team. He went from High School to the Winkler Flyers of the Manitoba Junior Hockey League where he enjoyed two excellent seasons.

Ed was very determined and wanted the opportunity to show what he could do. The University of North Dakota rewarded his determination by offering him a NCAA scholarship. He played one year with the UND Fighting Sioux before turning pro with the Chicago Black Hawks in June, 1987. In 1990-91, Ed joined the NHL ranks full time and since then has become one of the best goaltenders in the history of the game.

Ed Belfour Says.....

Q - What did the MJHL do for your development as a hockey player and person?

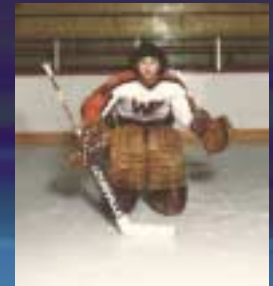
A - The MJHL was a great experience. It brought my goaltending to the level the college scouts wanted it to be. I was able to mature on and off the ice because of the caring and supportive people involved with the Winkler Flyers' organization and the competitiveness of the MJHL.

Q - What advice would you give to 15 and 16 year old Manitoba players?

A - For all the up and coming young stars of Manitoba, I would advise you to be proud of your province and help develop the MJHL. Stay in school and give yourselves every opportunity to receive a college scholarship. The three years I spent in the MJHL, then playing for the UND Fighting Sioux and winning the NCAA, were the most memorable times of my career.

Q - What advice would you give to MJHL players who want to turn pro?

A - For all of you who have dreams of playing in the NHL, enjoy every day of the journey. It doesn't matter where you play as long as you are determined and never give up. Believe in yourself and believe in the MJHL.



Ed Belfour, Winkler Flyers (MJHL)

The Manitoba Junior Hockey League

Developing Players for College and Major Junior Hockey

INTRODUCTION

The MJHL provides competitive, skillful, hard-fought hockey every night. The competitiveness of the League is a great environment for players to develop their skills. The Manitoba Junior Hockey League has a proven record of developing players for advancement to College and Major Junior Hockey. Many former MJHL players have gone on to successful careers in the NHL. Some of these MJHL Alumni include:

Tyler Arnason, Winnipeg South Blues
- Chicago Blackhawks
Mike Leclerc, St. Boniface Saints
- Anaheim Mighty Ducks
Shane Hnidy, Neepawa Natives
- Nashville Predators
Mike Ridley, St. Boniface Saints
- 12 year NHL career

Young players in today's hockey world have many options available to them. It is vital for players and their families to take the time to plan what is best for their future. By following the points contained in this brochure, you will increase your chance of success when your playing career is over.

PREPARING FOR SUCCESS

The key to being recruited as a student athlete is getting an early start in the process and realizing that the process takes several years of preparation in order to be successful.

Senior 2 - Age 15 to 16

- Focus on educational planning. Remember to concentrate on achieving good grades; especially in your academic courses, since grade 10 aca-

demic courses may be used to calculate grade-point average for admissions to US post secondary schools.

- Start researching entrance requirements for both Canadian and American Colleges & Universities. It is very important to research your options!
- Research information about the SAT Admission Tests, including how Canadian students register to write at a Canadian testing location.
- Research the specific recruiting regulations established by the NCAA, the NAIA, the NCAA, the CIS and the CCAA. Register with NCAA at www.collegeboard.com
- Begin preparing your resume. Consider volunteer and extracurricular activities that would help in attaining financial awards. Also begin to search financial scholarship/awards criteria.

Senior 3 - Age 16 to 17

- Monitor and tailor your educational plan. Remember to concentrate on achieving high academic grades, since grade 11 academic courses are used to calculate grade-point average for admission to US post secondary schools.
- Write the SAT exam. The higher the grade point average and SAT score, the more options will be available.
- Update your resume and begin to market yourself to US and Canadian Colleges and Universities.
- Continue your research on scholarship/awards.

Senior 4 - Age 17 to 18

- Rewrite the SAT exam if necessary. Many students write this exam more than once in order to achieve the combined score necessary for admissions.
- Obtain all necessary registration forms and ensure that all documents are completed and submitted prior to deadline dates.

CREATING AN OPPORTUNITY

Student athletes do not want to make the mistake of waiting for recruiters to come to them. Student athletes also do not want to wait until their grade 12 year to begin the process of creating options.

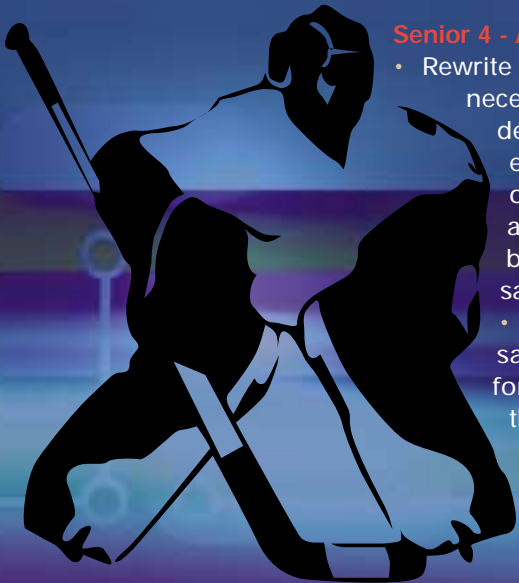
The world of marketing and advertising has shown us that product awareness and recognition are the most important factors for product success. Likewise, those athletes who get mentioned the most in the media or in game reports are the ones that coaches hear about the most.

They can't recruit you if they don't know you exist. If you follow the steps below, your chances of being recruited will be greatly enhanced.

1. Register with the NCAA Clearinghouse - All student athletes that want to compete in NCAA Division I or III levels in their freshman year must register to determine eligibility.

2. Write the SAT or ACT Exam - Both are standardized exams that are used to determine how suitable a prospective student athlete is to a 1st year program of a post-secondary institution in the U.S.

3. High School Transcript - Consult your high school counselor. An official copy of your final transcript needs to be sent directly from your high school to the NCAA clearing-



house for eligibility review in order to participate in the U.S. collegiate competition. Canadian post-secondaries require an official copy of your transcript in order to determine admission.

4. **Write a Letter of Introduction** - It should be brief and addressed to the coach. It should express the student's interest in both the academic and athletic program at the post-secondary institution and refer to an enclosed resume.

5. **Develop a Resume** - It should be a complete inventory of academic, athletic, social extracurricular, and community accomplishments and list references.

6. **Letters of Recommendation** - Consult your coach.

7. **Make a Video** - This may be the only way a coach can separate one prospect from another. Start filming at the beginning of the season and include a 15-minute portion from a game plus highlights from different games. Begin with an on-camera introduction of you, by you, and just be sincere - don't try to be funny or outrageous.

8. **Follow-up Letters** - These are used to make sure that the coach has received your first letter and also to put you back on top of the pile to remind the coach that you are still interested. Include a copy of your first letter, your resume, and any newspaper clippings, updated stats, etc.

ATHLETIC ASSOCIATIONS (CANADA)

Canadian Interuniversity Sport (CIS)

Canadian Interuniversity Sport is the national association governing university sports across Canada. Qualifications for academic entrance differ for each Canadian university.

Canadian Colleges Athletic Association (CCAA - formerly CIAU)

The Canadian Colleges Athletic Association is the coordinating body for college sports in Canada. There are 5 regional athletic conferences for league play: ACAA (Atlantic), QSSF (Quebec), OCAA (Ontario), ACAA (Alberta) and BCAA (British Columbia).

Eligibility Rules

- Five years of participation eligibility. Student athletes can take any number of years off after enrollment and will only use up eligibility in the years that he participates in the sport.
- Participation at the major junior hockey level does not restrict the 5 years of eligibility.



- If a CIS student athlete transfers from another CIS school, he must wait one year from his last participation in that sport - the exception being that when either the academic program of study or the sport has been discontinued.
- An NCAA transfer to a CIS school must wait one year after transferring, assuming that he has satisfied other eligibility requirements and has not completed NCAA eligibility.

ATHLETIC ASSOCIATIONS (USA)

National Collegiate Athletic Association (NCAA)

The National Collegiate Athletic Association is the govern-



ing body for all colleges & universities offering athletic programs in the United States. In order to play hockey at any one of the schools competing in Division I or III leagues, students must be deemed eligible by the NCAA and therefore **students must submit their transcripts and SAT exam scores to the NCAA Clearinghouse for review.**

Eligibility Rules

- 4 years of participation eligibility; 5 years in which to use up 4 years of participation.
- The NCAA considers major junior participation as professional hockey and therefore renders a player ineligible for NCAA participation if the student athlete is considered ineligible if he:
 - has 1 or more expense paid visits from a professional team or a visit exceeded 48 hours and any payment or compensation in connection with the visit was in excess of actual and necessary expenses. (The student athlete may stay longer at his own expense and must pay travel expenses home after 48 hours.)
 - receives any compensation for participation in practice sessions with a professional team.
 - enters into any contract or agreement with a professional team or sports organization or takes part in any outside competition (game or scrimmage) as a representative of a professional team. (Player's name must not be on an official sheet.)

SCHOLARSHIPS / AWARDS

The fees associated with post-secondary education will vary depending on citizenship, institution, program of study, and living expenses. These expenses can be offset through financial awards and/or assistance from post-secondary institutions.

- The MJHL is pleased to offer the Frank McKinnon Scholarship Award, sponsored by Old Dutch Foods Inc. This

award of \$1000, named in honour of former Commissioner, Frank McKinnon, is designed to provide an opportunity for MJHL players to apply for a scholarship based on their academic and hockey accomplishments.

- The MJHL is pleased to offer the Ed Belfour High Performance Award. Ed Belfour has generously donated a scholarship in the amount of \$2500 to the

League in the form of the Ed Belfour High Performance Award for hockey and academic proficiency.

- WHL Scholarships

The Western Hockey League scholarship is fully guaranteed. For every season a WHL player participates, he is entitled to a full year of tuition, textbooks and compulsory fees to a Canadian or US post-secondary institution of his choice.

“To provide each corporate partner with prominent brand visibility through high profile marketing vehicles to increase sales and meet business objectives.”

League Supporting Sponsors:



THE MJHL DEVELOPS PLAYERS FOR ADVANCEMENT

The Manitoba Junior Hockey League is proud of the accomplishments of many former players who their got careers off to a great start in the MJHL. We are equally proud of the ability of the MJHL teams to provide opportunities to talented young Manitoba hockey players. The following players have advanced from the MJHL to NCAA, CIS and MAJOR JUNIOR hockey programs in the past few years:

Joe Gori
Riley Weselowski
Mark Wallmann
Paul Wallmann
Cliff Ketchen
R. J. Linder
David Phillips
Skyler Berman
Orlando Alamano
Scott Mollison

Pierre Olivier-Girouard
Jared Lang
Michael Young
Aaron Starr
Everett Bear

NCAA

Dauphin Kings
Neepawa Natives
OCN Blizzard
OCN Blizzard
Portage Terriers
Portage Terriers
Portage Terriers
Selkirk Steelers
Swan Valley Stampeters
Winnipeg South Blues

CIS

OCN Blizzard
OCN Blizzard
OCN Blizzard
OCN Blizzard
OCN Blizzard

Plattsburgh State University
Bemidji State University
St. Lawrence University
St. Lawrence University
Niagara University
University of Minnesota - Mankato
University of Nebraska - Omaha
Union College
Bemidji State University
Niagara University

University of Regina
University of Manitoba
University of Manitoba
University of Manitoba
University of Manitoba

MAJOR JUNIOR

Tanner Irwin
Justin Falk
Brodie Dupont
Dalyn Flatt
Tyler Harder
Brent Howarth
Kyle Howarth
Cole Hunter
Jordy Johnson
Ryan Menei
Dane Crowley
Myles Rumsey

Winkler Flyers
Swan Valley Stampeders
Swan Valley Stampeders
Swan Valley Stampeders
Dauphin Kings
Selkirk Steelers
Selkirk Steelers
OCN Blizzard
Selkirk Steelers
Selkirk Steelers
Wpg. South Blues
Wpg. South Blues

WHL - Kamloops
WHL - Calgary
WHL - Calgary
WHL - Saskatoon
WHL - Calgary
WHL - Kelowna
WHL - Spokane
WHL - Brandon
WHL - Prince George
WHL - Saskatoon
WHL - Saskatoon
WHL - Swift Current



Ryan Garbutt
Winnipeg South Blues
Brown University



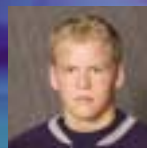
Andrew Jackman
Portage Terriers
Robert Morris University



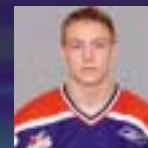
Brodie Dupont
Swan Valley Stampeders
WHL - Calgary Hitmen



Adam Corrin
Winnipeg South Blues
University of Alaska - Anchorage



Dane Crowley
Winnipeg South Blues
WHL - Saskatoon Blades



Tanner Irwin
Winkler Flyers
WHL - Kamloops Blazers

FREQUENT Q & A

1. What is the NCAA Clearing House? It is the organization that governs all U.S. college and university athletic programs. It determines whether or not a student athlete is eligible to compete in his freshman year at the post secondary.

2. What is an SAT Exam? The SAT (Scholastic Aptitude Test) is a standardized assessment tool used by the NCAA to determine how suitable a prospective student athlete is to a first year program at a US college or university. The SAT must be written and passed in order to be eligible for NCAA Division I and III level competition. This 3-hour exam can be written at various locations throughout the province on 6 different dates during the school year. The exam assesses verbal and math skills.

3. Can Major Junior Hockey affect my collegiate eligibility? Simply put, if you play Major Junior Hockey you are still eligible in Canada but ineligible in the U.S.

4. Can I play exhibition or league games in Junior A? Play in Canada or the U.S. does not affect eligibility in either country.

5. How important are my grades in

school? The better the grades, the better the opportunities that you can create for yourself.

6. What do I need to research when selecting a college/university? The list includes many aspects to consider. It includes but is certainly not limited to: entrance requirements; reputation; programs; costs and financial opportunities; campus life; housing/food services; athletic program. Also, check the team roster to determine the number of open roster spots for the year you plan to attend.

7. What traits do successful student athletes demonstrate? High achievement in the classroom; strong work ethic; desire to do their best; on and off ice discipline; demonstrates team concept; positive attitude; desire to learn and improve - learning from mistakes and accepting criticism; time management skills; responsibility and leadership skills to name only a few.

8. What is the difference between American and Canadian college/university hockey programs? Ensure there is recognition in Canada for the degree you wish to pursue in the U.S. The major differences have to do with admission requirements and financial opportunities.

INTERNET REFERENCES

Manitoba Junior Hockey League
www.mjhlhockey.ca

Hockey Canada
www.hockeycanada.ca

Scholarship Strategies
www.scholarshipstrategies.com

Canadian Interuniversity Sport
www.cisport.ca

Canadian Colleges Athletic Association
www.ccaa.ca

National Collegiate Athletic Association
Clearing House
www.ncaaclearinghouse.net

National Collegiate Athletic Association
www.ncaa.org

College Board Connect to College Success
www.collegeboard.com

Scholarships Canada
www.scholarshipscanada.com

Student Awards/Scholarships
www.studentawards.com

Canadian Millennium Scholarships
www.millenniumscholarships.ca

Campus Access
www.campusaccess.com

Fast Web College & Scholarship Search
www.fastweb.com

Western Hockey League
www.whl.ca

MJHL Directory



Dauphin Kings
Box 509
Dauphin, MB R7N 2V3
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c. 204-648-3091
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www.dauphinkings.ca
GM/Head Coach: Doug Hedley



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Head Coach: Ric Bender
t. 204-837-3004



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GM/Head Coach: Craig Atkinson



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www.bladeshockey.ca
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GM/Head Coach: TBA



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GM/Head Coach: Don McGillivray



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“To provide each player with an elite hockey development experience with a strong emphasis on education and citizenship.”



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